

## WOMEN IN INSURANCE & FINANCIAL SERVICES (WIFS) CENTRAL MARYLAND CHAPTER & CHESAPEAKE PROFESSIONAL WOMENS NETWORKING (CPWN) INVITE YOU TO JOIN US FOR A LUNCH & LEARN.

"Knowledge is Power" - We can make a Statement – Protect Ourselves

Learn Self Defense Techniques, Prevent & Reduce Sexual Harrassement,

Be Aware & Handle Workplace Violence and purchase Self Defense Tools made for specifically for women.

## **Guest speakers:**

- Kathy Wise with Streetwise, Ilc. Safety and awareness tips followed by some basic hands-on moves.
- Victoria Fazenbaker with Damsel in Defense Corp selling self-defense products
- **Chuck Moore**, Chief Of Police with Bel Air work place and sexual harassment issues

When: Thursday March 8<sup>th</sup>, 2018 Where: Rockfield Manor Address: 501 E Churchville Rd, Bel Air, MD 21014 Phone #: (410) 638-4565 Time: 11:30pm - 1:30pm Cost: \$30 for members & \$35 for non-members - Lunch catered by the Sunny Day cafe

www.rockfieldmanor.com www.wifsmaryland.com https://www.cpwnet.org/

Register by Monday March 6, 2018 @ https://wifsmarchevent.eventbrite.com

Any Questions call Stacia Cook 410-207-1948